

DAC Meeting Minutes
November 11, 2009

DAC Attendance... Ben Laser, Jay Moore, Laurie LaChance, Kerri Comai, Pam Miller, Sharon Driscoll, Karen McCafferty, Suzanne Allen, Samuel Joseph, Lindzey Glen, Matt Saxton, Abby Davis, Sue Smith, Jerry Mueller, Jane Haudek, and Ed terSteeg.

Guest... Karen Lukowski, School Nurse - Pennfield Schools

Jay Moore opened the meeting at 12:25. The October 14, meeting minutes were acknowledged as presented.

Karen Lukowski discussed the Healthy School Action Tool (HSAT) in terms of determining whether or not you have a healthy school environment. She indicated that HSAT is an annual, health assessment tool, which the Michigan Department of Education in partnership with the Michigan Department of Community Health adapted from the Center for Disease Control and Prevention. The purpose for the assessment is to determine the strengths and weaknesses for each school in the district. The assessment has the following five areas...

- Asthma Management
- Healthy Eating and Nutrition
- Physical Education and Physical Activity
- Tobacco Free Lifestyles
- Violence and Injury Prevention

The committee talked about the process in order to use the HSAT as a health assessment tool for each building. It was determined that there are four basic steps to follow to create a healthy school environment in each building.

- Establish a Coordinated School Health team for each school building.
- Complete the HSAT assessment....all five areas or any combination of the five areas. It was suggested that each building start with no more than two the first year.

- Use the HSAT results to develop the school's action plan to make policy and/or environmental changes.
- Join state and local coalitions or other health/wellness organizations.

In order to gather more data about the general health/wellness of the district the DAC recommended that each building develop a comprehensive team and annually conduct the HSAT. The direction was that an additional DAC meeting be scheduled for December 8, so that each building team could meet, go through a training segment in order to conduct the HSAT, and then use the balance of the meeting time to conduct the actual HSAT assessment. The sense was that the data created would be presented at the January 13, DAC meeting. It is the belief of the DAC membership that the HSAT results may be used to create a detailed district and/or building wellness plan of action, which will be submitted to the Board of Education for adoption consideration.

The meeting was adjourned at 2:30. Please note the next meeting is scheduled for **Wednesday, December 8. It will be held from 12:00 to 2:30 in the Computer Lab (Upstairs) at Pennfield High School.**

Respectfully Submitted,

Ed terSteege - Recording Secretary

DAC Meeting Agenda
December 8, 2009
Pennfield High School Computer Lab

Working Lunch...12:00 to 12:20

HSAT Training Session - Jane Haudek and Karen Lukowski...12:20 to 1:15

- Why are we doing it?
- Importance of the building teams.
- Which of the five health assessment areas all buildings will target.
- How to - register and enter data.

HSAT Data Collection - Building Teams...1:15 to 2:15

- Time frame to accomplish the assessment.
- Who will be responsible for presenting at the January DAC meeting?

Closure...2:15 to 2:30 - Jay Moore/Christina Feneley

- Next Meeting - January 13...back to CACC
- Agenda Items for next meeting
 - 2009 PMS and PHS Mi-PHY Report
 - HSAT Results
 - Next Steps
- Personal preparation for the February 17, meeting

District Commitment...To ensure all students are successful learners and become outstanding citizens.